NEIGHBORHOOD ASSOCIATION

# NEIGHBORHOOD ASSOCIATION CHRONE CHRON



MILITARY FAMILY FEATURES Kipper and Heather Hesse Chris and Alisha Stokes



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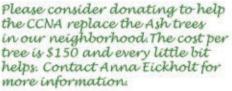
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Thank you for serving your neighborhood!

Your CCNA Board of Directors meet seven times a year. All neighbors are encouraged and welcome to attend. Meetings begin at 7 p.m. and are held at Irving Rec Center.

The CCNA Chronicle is the official publication of the Country Club Neighborhood Association (CCNA). The CCNA Chronicle is published four times a year by the CCNA and every address in the CCNA boundaries is mailed a copy. Statements of fact and opinion made are the responsibility of the authors alone and do not imply an opinion on the part of the officers or members of CCNA. While this publication makes a reasonable effort to establish the integrity of its advertisers, it does not specifically endorse advertised products or services unless specifically stated as such. All correspondence regarding this publication should be directed to: Country Club Neighborhood Association, Attn: CHRONICLE Editor, PO Box 21953, Lincoln, NE 68542.

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Magazine content is provided by your neighborhood association board. We aim to provide information that is useful and relevant. Please email ccnamagazine@gmail.com to submit your idea for the next publication!

### President's Message

GREETINGS! IT SEEMS LIKE SPRING had just arrived and now we are in the middle of a summer heat wave. Many children in the neighborhood have taken advantage of the heat setting up lemonade stands and other summer fun.

I am very pleased to report that our annual neighborhood garage sale was once again a success. While traffic may have been less than years past, in part due to the Saturday falling on the same day as the opening weekend of the Haymarket Farmers' Market and on the weekend that the Blue Angels performed, many neighbors have told me that they were able to sell a bunch of things and others told me of great finds.

Also, our May Day party was a great success. Many families attended and all had a great time with activities, events, food and fun. Not only are neighborhood parties like this a perfect opportunity for neighbors to get to know one another, they are a great way for



families to spend time together and for kids to get off line and outside.

Many of you have visited our new website—the significant increase in traffic to the site proves this. I encourage all of you to visit our new page and return often, as it contains lots of information about upcoming activities and events and our site is updated regularly. You can access our page at CCNALINC.org

Our next neighborhood meeting is on July 19, at 7 at the Irving Recreation Center I encourage all to attend; this is your neighborhood and your voice and opinion matters.

See you around the neighborhood!

Important Dates to Remember:

July 11 Pool Party 6:30-8:30Pm

July 19 Board Meeting 7Pm

July 19 Board Meeting 7Pm

### **BACKYARD THEATRE**

WALKING INTO A REHEARSAL of Backyard Theatre is like wandering into a world run by children. The fully lit stage is flanked by a swing set, playhouse, and trampoline; the seven year old dancers practicing in the wings are coached by a twelve year old singer. The parents present are yards away on the porch, only providing feedback on microphone quality and intervening if there are too many actors jumping on the trampoline at once.

Dylan Thomas started Backyard Theatre in the summer of 2014 when, just a few weeks out of sixth grade, he was already bored. He texted a few friends who shared his love of theatre to ask if they would be interested in starting a theatre group of just kids. Some sporadic rehearsals, makeshift costumes, and a couple of months later they put on the first show of Backyard Theatre, a showing of Junior Wizard of Oz on a pallet stage in Dylan's backyard.

### "You can express your love for acting and never feel embarrassed."

Two summers later, Dylan is the thirteen year old Executive Director of a theatre company. The annual show has moved to a bigger backyard with a full light and sound system on the stage. The 2016 show, the full musical



of The Wizard of Oz, had over twenty cast and crew members all under the age of fifteen. The dedicated group of young artists had been rehearsing since early April for their two night run in early June. During the school year, the cast would walk, bike, or carpool to the backyard on Saturdays; during the summer, the kids are present singing, dancing, and running lines every weekday. All of their hard work paid off when neighborhood residents attended the shows for \$3 to see choreographed dance scenes, well practiced songs, and impressive stage makeup- all done by the kids.

When talking with cast members of the show, it is clear that Backyard

Theatre is a special place for aspiring performers. Alexis, a munchkin in the show and the company's dedicated elementary school-aged manicurist, wants to be an actor when she grows up. She shared that at Backyard Theatre, "You can express your love for acting and never feel embarrassed or sad."

Mia, another munchkin, was in the middle of expressing her adoration for the other actors when she was interrupted by Maximus, the Bichon puppy who played Toto, leaping onto her lap. The theatre company is growing fast, bringing with it increased love of performing and opportunities for kids in the Country Club neighborhood to learn from one another.







The sunshine months are upon us, and it's a wonderful time to be outside. Whether it's grilling out, taking the dog for a walk, playing at the park with the kiddos or going to the Farmers Market. The Lincoln community has a lot to offer, and it's the perfect time to explore.

If you're looking for the ideal family outing, Lincoln has several different Farmers Markets to attend. What's better than grocery shopping outside on a beautiful day in Lincoln? Not only do you get to enjoy the weather, but you can also taste real flavors, support family farmers, learn cooking tips and connect with the community.

#### Hickman Farmers' Market

Location: 217 Locust St Hours: June - frost, Thursdays, 5 - 7 p.m.

#### Downtown Garden Market

Location: Pershing Center's south lawn on M St between 16th St and Centennial Mall Hours: July - August, Wednesdays, 12 - 4 p.m.

#### Fallbrook Farmers' Market

Location: North 1st and Fallbrook Blvd Hours: June - September, Thursdays, 3:30 - 7 p.m.

#### Farmers' Market at the Farm Location: 11855 Yankee Hill Rd

Hours: May - October, Saturdays, 9 a.m. - 12 p.m.

#### Farmers' Market

Location: 13th and Q and R St, UNL City Campus Hours: June, Tuesdays, 5 - 9 p.m.

#### Lincoln Haymarket Farmers' Market

Location: 7th and P St Hours: May - October, Saturdays, 8 a.m. - 12 p.m.

#### Old Cheney Road Farmers' Market

Location: 5500 Old Chenev Rd. between the Racquet Club and west parking lot of the Old Cheney Center Hours: April - October, Sundays, 10 a.m. - 2 p.m.

#### Piedmont Farmers' Market

Location: 1265 S Cotner Blvd Hours: May - September, Saturdays, 8 a.m. - 12 p.m.

#### St. Paul's UCC Farmers' Market

Location: St. Paul's UCC parking lot Hours: May - October, Tuesdays, 4:30 - 7:30 p.m.

#### **University Place** Community Market

Location: 48th and Madison Hours June - September, Wednesdays, 3 - 7 p.m.



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### **COMPOSTING FOR CLEANER WATER**

#### City of Lincoln Watershed Management Division

There is no doubt that backyard composting is good for the environment. By recycling our leaves, grass clippings and kitchen scraps, we are reducing the amount of waste entering our landfills. Plus backyard composting provides an endless source of nutrient and microorganism-rich material to use in our lawns and gardens. What you probably don't know though is that compost can actually help improve stormwater quality.

How does compost help improve stormwater quality? The answer is simple. In urban areas, stormwater runoff is the leading cause of water pollution. As populations grow and more land is developed, more surfaces are created where water cannot soak in. When it rains, runoff from these surfaces carries with it fertilizers, pesticides, oil, pet waste, and other pollutants into storm drains that lead directly to our local waterways.

Compost acts like a sponge, soaking up approximately 20 times its weight in water. If we use compost to improve the poor and compacted soils found in many of our lawns and gardens, more rain will soak in where it lands instead of running off.

Other ways compost can improve stormwater quality (and help us save money):

- · Compost is rich in organic nitrogen, reducing the need for synthetic fertilizers.
- Organic matter allows the soil to retain moisture longer, making more water available to plants between waterings.
- Soil rich in organic matter stores and neutralizes nitrates, phosphorus, pesticides, and other pollutants.
- Composting helps keep leaves and grass clippings out of the storm drains and our waterways.

To enjoy these benefits, everyone should strive for at least 5% organic matter content in their soil. If you aren't sure how much organic matter you have, get a soil test. Then aerate and spread a thin layer of compost over your existing lawn. You can use compost you make at home or, if larger quantities are needed, you can purchase LinGro Compost from the City of Lincoln's Compost Facility. Repeat this process as needed until the desired organic matter content has been achieved.



#### Be safe and follow these easy steps:

#### 1. Sweep

Use a broom to sweep up fireworks litter and debris.

Completely submerge fireworks debris in a bucket of water and wait several minutes.

#### 3. Dispose

Wrap fireworks debris in a plastic bag and throw away with your household trash. Pour water out onto your lawn.

Fireworks create litter and debris that contains heavy metals and harmful chemicals. When it rains, these pollutants can enter storm drains which lead to local waterways. You can help by cleaning up your fireworks debris this Fourth of July.

For more information, visit:

lincoln.ne.gov keyword: KLLCB









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### SAFE QUARTERS **SAVES LIVES**

ONE IN FOUR WOMEN IN Lancaster County have experienced domestic violence. Since 1978, the mission of Friendship Home has been to reduce this statistic and help victims of domestic violence find safety and security. In their words, Friendship Home exists to support, shelter and advocate for victims of domestic violence and their children. To succeed, they need help from everyone in the Lincoln community, especially on October 9th.

The annual Safe Quarters Drive is now in its fourteenth year of advocating and fundraising Friendship Home's mission. As the shelter's largest fundraiser, Safe Quarters raises over twenty percent of all Friendship Home funds in one day. The organization's goal for this year's drive is for over \$110,000 to be raised by 140 teams of volunteers.

Bria, a regular Friendship Home volunteer, shares what makes Safe Quarters such a special fundraiser, "Knowing what an impact Friendship Home can make helps me know that Safe Quarters is really helping peopleespecially people who the community can't see needing help."

On October 9th, teams of eight to twelve volunteers like Bria will walk the streets of Lincoln with buckets for donations and printed information on domestic violence and Friendship Home's services. These volunteers go door to door to fulfill the two-fold mission of the Safe Quarters Drive: to raise funds to keep Friendship



"It takes a community to make Safe Quarters a success. We need people to open their doors to volunteers so our doors can stay open 24/7 365 days a year."

Home open, safe, and supportive at all times and to increase awareness and advocacy for victims of domestic violence in Lincoln. Lauren Peterson, Friendship Home's Development Coordinator, commented on the importance of community support for the Safe Quarters Drive, "It takes a community to make Safe Quarters a success. We need people to open their doors to volunteers so our doors can stay open 24/7 365 days a year."

There are two ways community members can support Friendship Home the day of the Safe Quarters Drive. The first is to volunteer to knock on doors, collect donations, and share information. More information on how to create a volunteer team can be found on the Friendship Home's Website friendshiphome.org or by contacting Lauren Peterson at 402-434-0167. The second way to support the Safe Quarters Drive and Friendship Home in sheltering victims of domestic violence is to donate cash, change, or checks the day of the drive.

Registration to create a volunteer team for the Safe Quarters Drive is now open online, as well as more

information on how the community can join the movement to end domestic violence.

"FRIENDSHIP HOME IS MORE than a non-profit. It's an entire community of volunteers, staff, board members and community members that care so deeply about Friendship Home's mission. Never have I been part of a more involved, caring and effective group of people. I struggle to find words that are strong enough to describe the passion behind each and every Friendship Home staff member. And I am continually amazed at how generous and giving the board and volunteers are with not only their monetary contributions, but their time. I'm so proud to be one voice out of thousands that advocate for abused women and children."

Erin Soper, Volunteer

## THE ROCK ISLAND SOCIAL CLUB





ON JUNE 17TH, THE ROCK ISLAND Social Club opened in the space formerly occupied by Henry's On South.

Rock Island defines itself within the upscale bar and event space category. Andrew Fuller, who formerly owned and operated Henry's On South, is running Rock Island as the business gets going and finds its niche in the community. While he is not the owner of the new business, he is the primary spokesperson. After Henry's closed in February, Fuller was planning on selling the space until a silent owner got involved and helped it evolve into the Rock Island Social Club.

Fuller has been a wine enthusiast for much of his life and wanted to have community involvement, which is why he got involved in the bar and restaurant industry. When asked why he has based his enterprises in Lincoln, he responded, "I enjoy how interconnected Lincoln is as a community. I would say there is three degrees of separation between individuals."

In the words of Fuller, "It's a classy and comfortable neighborhood place with warm friendly bartenders, great music, and an intimate atmosphere." Rock Island serves classic and hand-crafted original cocktails, a handsome variety of craft beers, as well as, a selection of boutique wines. A turnkey kitchen is available for pop-up restaurants and special events.

The three employees on staff all worked at Henry's On South and are knowledgeable about wine, beer, and spirits. The familiarity of the space, continuation of staff from Henry's, and increased dedication to community involvement all define what Rock Island will become to the Country Club community.

Special elements of the social club

include "Turntable Tuesdays," a weekly event at which an entire album from a patron is played and ranked on Rock Island's "Big Board of Sound." The bar offers a discount of fifty cents off beer to any customer who comes with a bicycle helmet, supporting the use of their namesake bike path by Country Club residents. The club is open to personal, charitable, or business events on Sundays or Mondays when closed to the public. These characteristics, if supported by the surrounding community, are sure to achieve Fuller's goal of community involvement.

#### **Details**

2110 Winthrop Rd. Lincoln NE Tue – Thur: 4:30 – 10pm Fri and Sat: 4:30pm – 1 am rockislandsocialclub.com 402-937-3553



#### Monday, July 11th • 6:30-8:30

Join your neighbors for our annual pool party at Irvingdale Pool. Bring your suit, towel and floaties for a night of fun! We will have adult cannonball and belly flop contests, teen and tween noodle relays and gelato provided by Gelato-to-Go.





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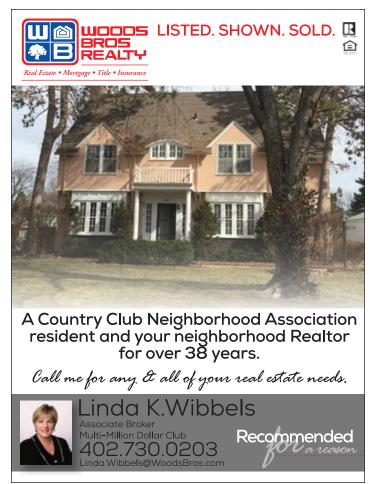


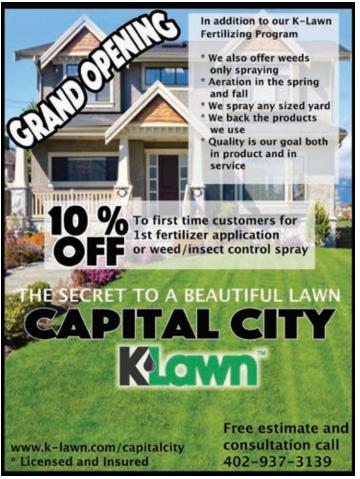
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#### Here are some specific signs your loved one may be a candidate for professional caregiving assistance:

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- · Personal hygiene is declining
- · Appliances, like stoves and irons, are left on and forgotten
- · Recently lost their spouse, or seems lonely
- · Doesn't want to cook anymore
- · Driving is becoming a hazard
- · Diagnosed with Alzheimer's or a related dementia
- · Arthritis has made it difficult to perform simple tasks like buttoning clothes

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- Get started with a shower, a hot breakfast and a reminder to take medications
- Do some dusting while chatting about current events
- Throw in a load of laundry
- · Look at photo albums and listen to stories about your family member's childhood
- · Fold clothes and make the bed
- Prepare a nutritious lunch and sit at the table together to
- Help your family member go for a walk outdoors to get some fresh air
- · Make sure your loved one is tucked safely into bed before leaving -- or stay overnight to ease your family member's anxiety about living alone

You probably can't always be there to personally provide care for every member of your family, but we can. Our CAREGivers act as your partner to deliver the care services your family members need to maintain a high quality of life at home. And you enjoy the peace of mind that comes from knowing your loved one is safe, happy and healthy. Call us to talk about how we can help.

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Online registration begins August 1 at mtkserves.org

### A TRIP DOWN **MEMORY LANE**

City Busses... All Day Long... On Woodsdale?

by Bob Ammon, CCNA Member



WELL, NOT REALLY, BUT FOR many years, that was the scene on our beloved Woodsdale Boulevard, which has never looked better, what with last year's plantings beginning to mature and grow. Obviously, things have changed since the days of the busses rumbling thru our curving boulevards on half-hour intervals from 6am until midnight.

Dorn onto 24th and heading down the hill to Woodsdale, where it turned left onto Woodsdale; crossing 27th and finally turning right onto 29th. After the changeover, it was kept on its eastward trek to 27th, where it turned right and continued south.

All in all, that was good for several reasons, it was still within close on both sides, the bus couldn't get through. Since the car was idling, our driver parked the bus, got out, and moved the car some distance. All went well, but again, I'm sure that our Lincoln City Lines drivers didn't mind, when the routing was moved up to Van Dorn and 27th for keeps.

Just prior to the city itself taking over the responsibility of providing local bus service, Lincoln City Lines really let the busses deteriorate, and their deplorable condition aroused the ire of many. My wife, new to the city at the time, remarked that when you were stuck behind one at a red light, it was so smokey that she thought they were spraying for bugs when the light changed to green!

She was right, although the old clunkers had a certain charm about them, with their art-deco styling and their two-tone green paint. I was sad to see them go, even when the new, taxpayer-financed coaches arrived in town with their mod styling and air conditioning.

I'm quite sure that I was a party of one!

"She was right, although the old clunkers had a certain charm about them, with their art-deco styling and their two-tone green paint. I was sad to see them go."

It was a service that was heavily used in the 50's and 60's, and we were glad to have it. I lived at 20th & Lake at the time, and rode it downtown to Boomer's Printing; my gainful employment at the time.

As ridership began to decline in the early 70's, the routing of our "IRVING SCHOOL" (Route 4) bus was altered; no longer turning right off of Van

proximity to its patrons on Woodsdale, and, the busses no longer had to deal with the tight curves and narrow lanes that "our boulevard" is famous for, much to the relief of the drivers.

Just to underscore all of that, in the late 50's, I was on board on a snowy winter's day, when we came upon a car being warmed up that was parked along the curb. Due to the snowbanks

### MILITARY FAMILY FEATURE

**Kipper and Heather Hesse** 



AS A YOUNG BOY, KIPPER HESSE always wanted to fly and never wanted to live in Lincoln when he grew up. His dream of being a pilot came true, but he lives in the same neighborhood he grew up in- and couldn't be happier about it.

Kipper grew up in the Country Club neighborhood surrounded by airplanes and in love with the idea of flying. His father was in the Air Force and then the Nebraska Air National Guard, inspiring Kipper's love of flight and admiration for the military. Since Kipper was young he has always dreamed of flying for the Air Force and was fortunate enough to be given that opportunity in Lincoln. He is now a pilot in the Nebraska Air National Guard, a Lieutenant Colonel, and the 155th Maintenance Group Commander, as well as a father of three.

Kipper sees his military career as a responsibility as well as an opportunity. When asked what he enjoyed most about his career, he responded, "Being part of something bigger than oneself. Being part of the larger mission of protecting American freedoms."

Kipper and his wife, Heather, met through mutual friends in the Country Club neighborhood after they had both graduated from college. Neither one thought they would be in Lincoln long term, but once Kipper received an offer from the Nebraska



Air National Guard and Heather had a teaching opportunity in Nebraska, they decided to stay. They have now lived in the neighborhood for eleven years and can't imagine their children growing up in a more supportive community.

Heather's favorite part of the Country Club neighborhood is the people her family is surrounded by, "We have a diverse, kind, and fun set of neighbors. They're always willing to help when Kipper is deployed. In 2008, when Kipper was gone for six months, we thanked our neighbors with a holiday party. It's now an annual neighborhood open house that we all look forward to. We have 4th of July block party and our own Ryons Street social club. It used to be a book club, but we all found out we just want to get together more often and socialize."

While the family's schedule isn't

have a supportive family." The Hesses have not only created a supportive family structure, but a community of service and family minded friends and neighbors who help the family in whatever way they can.

Heather's job as the director of Christian Education at St. Matthew's Episcopal Church allows her to volunteer in the Lincoln community and to often stay home with their

loves soccer, basketball, and playing violin. Charlotte is in third grade at Sheridan, is a Brownie in Girl Scouts, and loves reading and the family's yellow lab Howard. All three girls love swimming and playing outside with their Country Club neighborhood friends. They are all proud of their dad and love it when he visits their schools to talk about his service with their classmates. When the family is all together, they enjoy being outdoors, taking road trips, and going on walks through the neighborhood.

Kipper and Heather are so grateful for the community that the Country Club Neighborhood has given them to raise their family in. Maddie, Mirabelle, and Charlotte can play outside with neighbors, they have carpools and other strategies in place for when Kipper is gone, and they have all been given a great sense of pride and support being a military family in the neighborhood.

#### "Sometimes you're able to give more to your family and sometimes you have to give more to your service. It helps to have a supportive family."

exactly traditional with Kipper's travel and deployments, they have found ways to create balance. Kipper noted, "Sometimes you're able to give more to your family and sometimes you have to give more to your service. It helps to

three daughters Maddie, Mirabelle, and Charlotte.

Maddie is in seventh grade at Irving and enjoys volleyball, playing the piano, and reading. Mirabelle is in fifth grade at Sheridan and

### MILITARY FAMILY FEATURE

#### Chris and Alisha Stokes

CHRIS STOKES IS AN AIR FORCE Reservist based in the Country Club neighborhood with seven children: Summers, Mae, Ruthi, Vivian, Frances, Christopher, and Thomas. He shared with the Chronicle about his and his wife Alisha's life as a military family.

"The people and the Country Club neighborhood make Lincoln a great place to be. In my job as an airline pilot for United Airlines, we can live almost anywhere in the world if we choose. However, our families, best friends, and roots are in Lincoln. I travel the entire world for my job, and there is absolutely no place I know of that I would rather be than Lincoln. The comfort of the changing seasons, our church, the schools, the friendliness, the trees, and green grass make Lincoln a great place to live.

We have lived in the Country Club neighborhood for the last fifteen years in four beautiful homes all within a few hundred yards of one another. I have loved each of the homes and have done extensive remodeling of each of them. Royal Court is a quiet little oasis off busy 27th Street where my older daughters learned to ride their bicycles and could safely play in the street and in our wonderful neighbor's yards. When we married in 2006, we moved into Georgian Court where we completely renovated the home together, and proceeded to bring five additional children into the warm home. After the last child, we needed

to move for more space which was a big decision as we did not want to leave our beautiful house we had raised our young family in. However, we had to draw the line when our new baby's room was in a closet, had three girls in one room, and had no room for our older girls to come visit! This spring we made the call to move to a bigger house and a few months ago we moved

#### Our families, best friends, and roots are in Lincoln.

into our current home."

"I decided to be a pilot early in life. My father was an Air Force fighter pilot and airline pilot, and my grandfather, Bart, was a pilot as well. My earliest memories are of clutching a chain link fence at the Kansas City downtown airport watching my father come in for a landing and picking him up after a TWA trip. My maternal grandfather, Paul, who lived on Van Dorn, was a Navy flight surgeon in WWII in the South Pacific, so I had a pretty strong military and aviation influence in my life from these upstanding and fine men.

My whole youth was spent in preparation of becoming a pilot with the Air Force and then with a major airline in order to follow in the footsteps of my respected father. I joined the military through the

Air National Guard at age 18 while attending the University of Nebraska and have been in for almost 30 years. I enlisted as a "slick sleeve E-1" and have worked my way up over the years and am now a Colonel based in Hawaii at the United States Pacific Command.

I love the chaos of it all. I know that sounds weird and most people have a tough time understanding it. Most people appreciate consistency and predictability in their profession, which is getting up Monday through Friday and working at the same desk for years. In the military and as an airline pilot we live in a state of unknowns, changes, and varying schedules."

"There really is not a huge impact on the children's activities or schooling from being a military family. As an Air Force Reservist, I am able to maintain a stable home and not move around the world every 2-3 years like my active duty counterparts. However, my jobs as a commercial airline pilot for United Airlines and my Air Force Reserve job in Hawaii have me travelling extensively. Also, I have deployed on various occasions over the years, three times to Afghanistan and Iraq as well as two US Embassy tours for a year in El Salvador and five months in Morocco.

My work life either has me at home or gone and out of reach of my family. When I am home I love to help and be part of the family but have learned to respect my wife, Alisha's, routines.



I try to help her as much as possible while respecting the awesome job she does for our family.

The best thing about my military career has come of late with my assignment to Hawaii. I have the option to take my family on two government sponsored trips to Hawaii every year. Of course, I am working twelve hour days, but the family sure seems to have a good time!"

Chris and Alisha believe that a strong spouse is the key to a successful military family. Raising their family in the Country Club neighborhood has helped them to be happy at home and away, knowing that the Country Club community will support them and their children.



### ONE BIG BACKYARD

#### **Sewell Street Feature**

Dara and Bradley Peters

THE PETERS' HOME IS FILLED with noise. Nine month old Tilly giggles as her older brothers Lennon and Ellis build forts out of couch cushions and cartoons sing in the background. The three siblings get to play at home on humid summer days because their parents, both teachers of some kind, are home during vacation. As the children play in the next room, Dara and Bradley Peters discuss the neighborhood community at the dining room table.

After both growing up in Nebraska, the mentality of finding a bigger, better place to have careers and a family defined Dara and Bradley's early adult lives. After graduating from UNL, the couple moved to Texas and then Connecticut, but never found the right community in which to start a family. They didn't feel a sense of home or supportive environment that they imagined raising their children in.

"We realized that we were trying to find Nebraska in other places," Bradley noted, adding that even though moving back to Nebraska was a less stable choice for their careers, they moved because they realized that Lincoln was the right place to raise their family. It wasn't until after the family moved into the Country Club neighborhood in 2010, however, that Bradley and Dara realized that in the search for the perfect house, they missed an essential element of the pursuit of a home- neighbors. Now, after living on Sewell Street for six years, they now cannot imagine life without the support and friendship that their



neighbors provide. From crowdsourced dinners to ongoing games for their children, the Peters love their little community in the Country Club.

"We're very proud that everyone's taking care of each other," Bradley explains, referencing Sewell Street's characteristic community. After the family moved into the neighborhood and bonded quickly with their new neighbors, the Peters and the families next door tore down their fences. The areas that had previously been bordered and sectioned off for one family or another were now one community space. Now, as their three children play in their backyard, they can count

on two playsets, more trees to climb, and often friends to play with. Their parents also enjoy having impromptu dinner parties with their neighbors and sometimes coming home to find other families already playing in what used to be only their backyard. Dara had wanted to live in the Country Club neighborhood because of the beautiful houses since she was a teenager, and Bradley, a commercial and creative photographer, had always appreciated the gorgeous streets, but the community they have had a part in creating was never what they expected in moving back to Lincoln.

celebrate To and grow this



community, the Peters are part of a group of families on Sewell Street that hosted the street's second annual block party in late June. They succeed in their goal of celebrating what is special about the relationships they've created with their neighbors and extending the welcoming ideas their fenceless backyard embodies to other families in the Country Club neighborhood. With games like dinosaur hunting in ice cubes and playing in giant bounce houses, all three Peters kids had a great time with their neighborhood friends and Dara and Bradley had fun bringing so many of their friends together to celebrate their special street.





Photos by Pam Wagner











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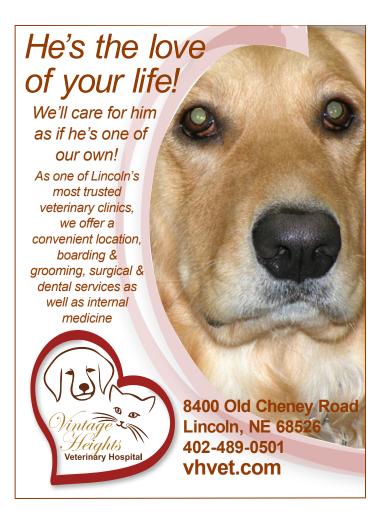






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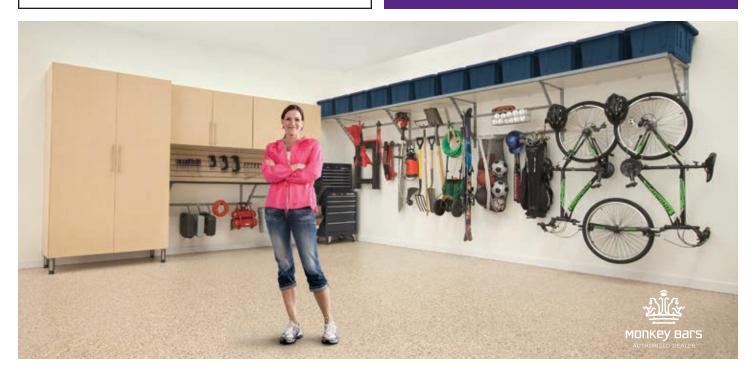


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### TRUE STORIES PROJECT

A Lincoln filmmaker's quest to preserve 9/11 stories

CHRIS MALY'S PARENTS WERE IN New York on September 11, 2001. They often return to reflect on the events of that day and their experience. In 2015, they took a tour through the 9/11 Tribute Center led by Lee Ielpi, a retired New York City firefighter. When they returned to Lincoln, they were adamant that Chris, a dedicated storyteller, meet him and hear his story.

Lee Ielpi's sons had followed in his path and became New York City firefighters. On September 11, 2001, his son Jonathan's firehouse sent nineteen men to the south tower of the World Trade Center, none of whom returned from the site. Even after his son's body was discovered two months later, Lee continued to work for months at the World Trade Center recovery site. As Ground Zero has evolved from a place of recovery to one of reflection, Lee has dedicated himself to preserving

On September 11, 2001, his son Jonathan's firehouse sent nineteen men to the south tower of the World Trade Center, none of whom returned.

and sharing the memory of 9/11 so that, in his words, "we work together to make tomorrow a better world."

Upon hearing this story, Chris partnered with his friend, David



Martin, to begin creating a film project to preserve Lee's story and work through the nonprofit True Stories Project. The pair has worked previously to create True Stories- Live!, a Lincoln storytelling event, and sees their current project as an extension of that work to share narratives. Chris is an English teacher at Lincoln High School.

"As Mr. Ielpi revisits Ground Zero, he is concerned that the memory of that tragic day is fading. That's where we come in. David and I are intent on preserving Mr. Ielpi's work and his message so that time will not threaten his story and future generations will learn from his experience," Chris shared, reflecting on his recent experience with Lee in New York City and how he sees his and David's role in educating the public on the impact of 9/11. "I spent two days with Mr. Ielpi and the staff at the Tribute Center and listened. I was moved by their mission, their resolve, but also the tremendous need for awareness. In 2002, I visited the World Trade Center site and I am not sure that has ever left me. I remember witnessing the missing fliers

throughout the city and a sense that life will never be the same. Fifteen years later, it has become a faint memory and the Tribute Center has dedicated itself to educating and archiving 9/11."

Chris and David hope to help in this mission to educate by donating their film to the Tribute Center. They believe that Lee's story and strength effectively communicate the impact of 9/11 while continuing to give thanks for those who, like Jonathan, were lost. They hope that their film will allow individuals to remember and consider the effects of 9/11 and continue to educate the public along with the other work of the Tribute Center.

The project is set to begin filming this year and currently focused on fundraising. There has been tremendous support from community members who are moved by Lee's story and Chris and David's efforts to preserve it. Currently, tax deductible donations can be made through PayPal to remembrance@ thetruestoriesproject.org in support support the local effort to tell a nationally important story.





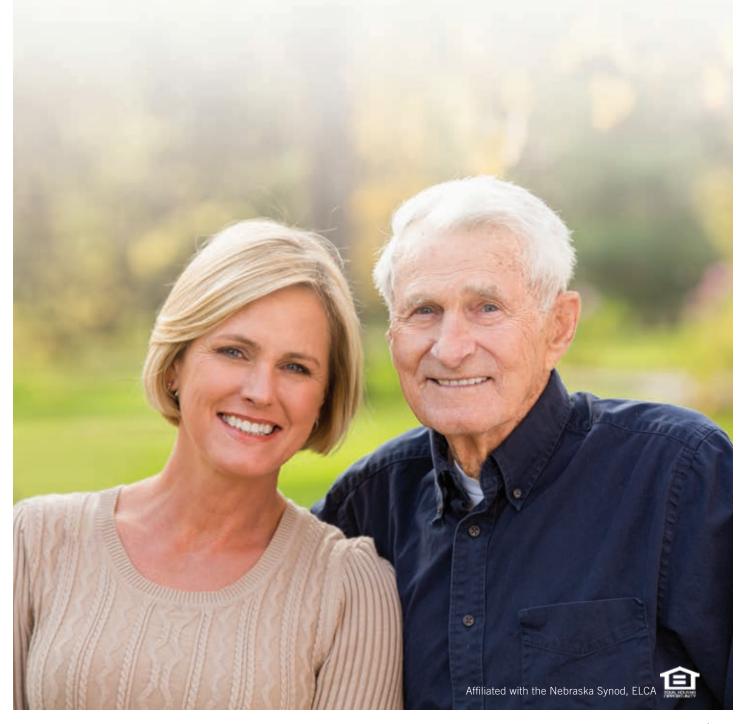




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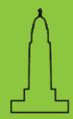


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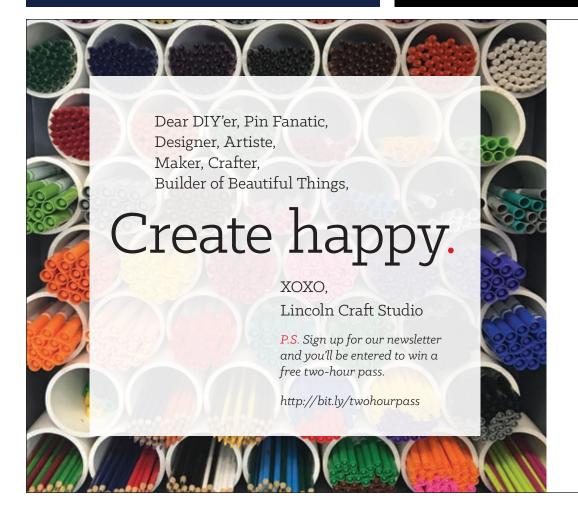




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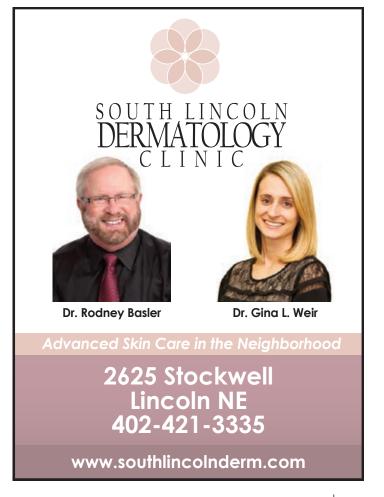
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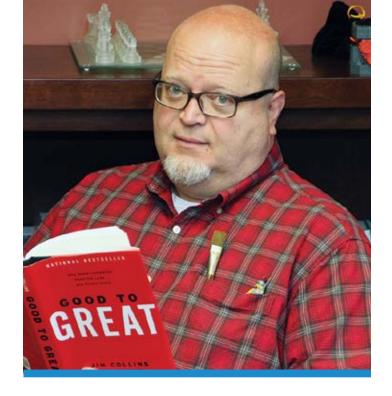


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### PHIL WHITMARSH **CHAMPIONS STORYTELLERS**



A SELF-PROCLAIMED BIBLIOPHILE, Phil has helped several thousand authors turn their manuscripts into published books over the last decade.

After years of working remotely for the New York-based firm SelfPublishing. com and prior to that iUniverse, a vanity publisher, Phil decided a change was in order to more effectively support independent writers.

He wanted authors to have a real chance at getting their book published and more importantly, building their own success. In 2013, he joined forces with then President of Cornerstone Print and Marketing, Kevin Thomas, and Firespring CEO, Jay Wilkinson, to form Redbrush.

The publishing startup Redbrush has created an indie-publishing model ideal for authors of all types. "Redbrush is like the iTunes of the publishing world," Phil explains. "Everyone has a book in them. We're essentially helping authors that are over-looked by traditional publisher or don't want to deal with getting a book agent, bring their book to the masses. Whereas you can publish any book through a vanity publishing company,

when you work with Redbrush we give you all the tools to publish a better book with our services, but authors keep the vast majority of book sales and all the rights to their book, because the author is the publisher."

Redbrush provides book publishing navigation, book appraisal, editing, design, printing and distribution service. "We're on a mission to reclaim publishing for authors and writers," stated Phil. True to the point, Redbrush is launching a Lincoln-wide contest. "We've done a lot of work to get the word about about the indie-publishing revolution nationally," said Redbrush marketing director, Nia Nielsen. "As we start to look inward, we know we want to give back to Lincoln."

In preparation for the city of Lincoln's 150th anniversary in 2019, Redbrush will unveil a new campaign that will highlight some of Lincoln's amazing stories. "Lincoln has such a rich history and Redbrush believes it is appropriate to recognize the people and businesses that have contributed to making the great city that we know today," explained Nielsen. Residents and boosters of Lincoln will have the opportunity to

nominate anyone or anything they think has a strong historical presence in Lincoln for the Redbrush "Lincoln Legacy" book contest.

The winner of the contest will receive a full publishing package, and the opportunity to have book printed and their story broadly shared with the community. Whitmarsh is particularly excited about this project, "As a local company, we love the idea of memorializing the city this way. It will highlight some of the great things about Lincoln and it holds opportunity for anyone who loves it just as much as we do."

Nominations can be submitted online at Redbrush.com/nominations starting July 15. More details will be announced on Facebook.com/redbrushbooks in the days to come.

"Lincoln has many stories, business and people to be recognized as it approaches this historic milestone. We can't think of a better way to do this, than getting Lincoln's finest involved in this project, said Whitmarsh.

To find out more about Redbrush's services go to Redbrush.com or call 855.379.6218.

### MEN ON A MISSION

#### Cowboy Chicken is Part of our Community







Cowboy Chicken owners Joe Armstrong and Randy Mutchie. Not pictured, Brian Eichelberger.

WITH EXTENSIVE CAREERS IN the food service industry, entrepreneurs Joe Armstrong, Brian Eichelberger and Randy Mutchie, knew they could own and operate a successful restaurant if they broke out on their own. But they didn't want to open just any restaurant.

"We spent a lot of time researching options that could work for our families and for the Lincoln community," Mutchie said. "We wanted a restaurant that shared our same values and one that we would be happy taking our family to."

After several months and a lot of soul searching, Armstrong discovered Cowboy Chicken, a Texas-based fast casual restaurant. "We knew right away that this was the perfect fit," Armstrong said. "Everything from the extensive menu to the 'cowboy cool' vibe made sense."

They opened Cowboy Chicken in the retail center on 28th and Pine Lake Road in November 2015. It was the growing franchise's first location outside of Texas.

Since opening its doors, Cowboy Chicken has served a variety of patrons ranging from families to hungry athletes and everything in between. The menu is focused around all-natural roasted chickens cooked over a woodfire rotisserie daily.

As family men themselves, the trio appreciates the family meal options offered by Cowboy Chicken. Family Meals range from \$19.99 to \$39.99 and serve up to eight people. "We like to think of it as giving families a meal from our table to yours," Armstrong said.

The entire menu, including the Family Meals, are available for dine in, pick up or delivery. "It's a great option for families on the go who want the convenience of quick service and/or delivery, but want a healthier alternative," Mutchie said. "Online orders are delivered within 30 minutes, making meal time much easier."

Dining room patrons also will notice the convenience and family-friendly vibe of Cowboy Chicken. In addition to the three owners, several of their family members work at the restaurant. "We want people to know that this is a locallyowned restaurant," Armstrong said. "We are long-time Lincoln residents and live in the neighborhoods surrounding the store, which is why we are so excited to support our Lincoln community."

That desire to help others is one of the many traits that unite the owners.

"We are strong men of faith," Mutchie said. "From the beginning, we made a commitment to give families a positive dining experience and to support our local community."

Each week the store partners with a local organization to host an instore fundraising event called Cash for a Cause, where 15 percent of the evening's revenue is donated to the local organization. Armstrong said it is a great way for church groups, sporting teams, clubs or other non-profit organizations to raise money. Interested groups can stop by the store and speak with Joe or Randy for more information.

In addition to Cash for a Cause, the owners have opened their doors to church groups and mom's clubs looking for a place to meet, donated meals to local schools and camps, and supported the American Cancer Society.

"We are proud to be a part of this community," Mutchie said. "When people hear Cowboy Chicken, we want them to not only think of about a great dining experience, but we also want them to know we have a great team who is committed to our Lincoln community."

Cowboy Chicken is located at 2801 Pine Lake Road and is open daily from 11 a.m. to 9 p.m. View the menu online at cowboychicken.com.

### BE REMEMBERED

KERRI DENELL KNOWS THAT SHE has some sort of gift. She has always been able to help people through some of the hardest elements of life with grace, laughter, and care. These skills are the foundation her business, Be Remembered.

"The doctors are telling me that I have four weeks, Kerri. I need you to help me prepare... for my family. I don't want anyone else."

Kerri has lived in the Country Club neighborhood with her husband, Nate, since 2006. With her master's degree in social work, Kerri has experience in fields from child welfare to hospice support. Kerri knew she had found a place where her talents flourished. "I realized then that my passion for legacy had been threaded through everything I'd been doing," Kerri shared as she discussed her work helping hospice patients write letters of apologies, love, and support to their families. After she left hospice work to care for her four children, a friend and former colleague was diagnosed with terminal cancer. Remembering Kerri's work writing letters with hospice patients, this friend called Kerri. "The doctors are telling me that I have four weeks, Kerri. I need you to help me prepare... for my family. I don't want anyone else."

The experience of helping a friend to create her final gifts, letters, and traditions showed Kerri what she believes to be her purpose-helping individuals to define and share their legacy. After

her passing, Kerri used the momentum that this experience and grief gave her to research how she could expand this talent into a business. She read about ethical wills, letters documenting how deceased individuals want others to live out their values rather than have



www.beremembered.biz

their valuables. In 2013, Kerri became officially certified as Legacy Navigator.

Her services include ethical wills, or as she calls them, legacy letters, life narratives, milestone messages, and legacy offerings. Kerri individualizes her services to each client's needs and story. Life narratives are written accounts of important moments in one's life or events that defined one's values. Milestone messages are letters written to a loved one in future moments such as birthdays, weddings, or holidays that the client will not be present for, allowing the influence of a loved one to continue after their passing. Legacy offerings are meaningful items accompanied by a story to be given to a loved one.

With Be Remembered, these gifts are writing focused because Kerri believes strongly in the power of language to share life stories and preserve values. Kerri's central question to clients is, "How do you want to be remembered?" the question that inspired her business's name. While this is generally a question reserved for the end of life, Kerri believes that answering this question at any stage of life helps people to live more fully. While this work may be considered sad and emotionally overwhelming by some, Kerri believes that it has helped her to live a better life. Her business and experience with other people's legacies has inspired her to be more present with her children, friends, and family, and to write her own stories and beliefs.

While Kerri sees how her work has benefitted her own life, she does not take the responsibility of legacies lightly, "I consider it to be a very sacred space where people are sharing their loves, values, and mistakes. I feel honored to share another person's story when they give me the opportunity to share these gifts." She will often only work with one client at a time so as to be fully present for their story and needs. This comes with an understanding that discussions of death and legacy are not comfortable for everyone; Kerri uses her ability to easily approach these ideas to create spaces and conversations that reduce the fear that often comes along with these ideas. She sees the process of recording a legacy as one that can and should be fun. Kerri's mission in creating Be Remembered is to use the process of defining a legacy to enhance individuals' lives and have their voices and values communicated to their loved ones during and after their lives.

### What's Happening

#### "We, The Heartland" Friday, July 1

"We, The Heartland" is a love letter to the cultural landscape of the prairies. Photographs by Kate Schneider portraying the proposed Keystone XL pipeline route in Nebraska and South Dakota are paired with handwritten letters to President Obama from landowners and Lakota natives. The landscapes address the unseen threat the proposed pipeline poses to the land, and the accompanying letters address the indexical relationship between the land and those who seek to preserve it.

Where: Great Plains Art Museum

(1155 Q Street)

When: 10:00 AM - 5:00 PM

Cost: Free

#### **Saturday Afternoon Family Workshops: Fused Glass Sun Catchers**

#### Saturday, July 2

Make room on the family calendar to create art together! Kids and adults of all ages can enjoy these fun family workshops. All clay projects are built and printed in the same class.

Where: LUX Center for the Arts (2601 N 48th Street)

When: 3:00 - 4:30 PM Cost: \$10 per person

#### **Bottoms Up Yoga** Sunday, July 3

Join us for the perfect balance of health and fun! We invite you to enjoy an ALLlevels yoga flow, taught by a certified yoga Instructor. After class you are welcome to stay and socialize with a complimentary pint of any of Zipline's signature craft beers available on tap.

Where: Zipline Brewing

Company (2100 Magnum Circle #1)

When: 12:00 PM Cost: \$15 per person

#### **YMCA Youth Sports Adventure Run**

#### Monday, July 4

Lincoln children and families can kick off July 4th climbing through obstacles, running through fields and splashing through a mud pit - all for a good cause! The third annual Lincoln YMCA Youth Sports Adventure Run is a fun run/obstacle course that spans about 2 miles. The race culminates in a crawl through a mud pit. All proceeds benefit the YMCA Annual Campaign Strong Kids.

Where: YMCA Spirit Park (84th Street)

When: 8:15 - 10:30 AM Cost: \$18 and up

#### **Free Thursday Nights in July** Thursday, July 7

Pose with the plesiosaur and mingle with the mammoths in Morrill Hall for free on Thursday nights.

Where: Morrill Hall (14th and Vine)

When: 4:30 - 8:00 PM

Cost: Free

#### **Brews at the Zoo** Saturday, July 16

It's time for adults 21 and over to enjoy some tasty craft beers and amazing music at the Zoo! This year's event features live music by local folk country singer/songwriter Evan Bartels, cover band Loose Affiliation and craft beers from Zipline Brewery, Empyrean Ales, Thunderhead Brewing, Lucky Bucket Brewing, and more! Tickets include Zoo admission and three drinks. A limited number of VIP tickets will be available. VIP tickets include an exclusive behind the scenes penguin feeding in the penguin pool area, three drinks, a free meal and access to the VIP room.

Where: Lincoln Children's Zoo

(1222 S. 27th Street) When: 6:00 - 11:00 PM

Cost: TBA

#### **Dinos, Dioramas and More with** the LUX Center for the Arts Monday, July 18 - Friday, July 22

This camp is perfect for kids who love dinosaurs, geology, history and art! Students will start each day with a tour introducing them to a new exhibition on Nebraska natural history. After the tour students will spend the rest of camp creating art inspired by what they learn. A light snack will be provided.

Where: Morrill Hall (14th and Vine) When: 9:00 AM - 12:00 PM

Cost: \$160 Morrill Hall Members, \$200

Non-Members

#### **Toruk - The First Flight** Wednesday, July 27 - Sunday, July 31

The new Cirque du Soleil touring show inspired by James Cameron's record-breaking movie, AVATAR, TORUK - The First Flight, will be presented at Pinnacle Bank Arena on July 27-31, as part of a global tour in arenas around the world. TORUK - The First Flight, a live experience by Cirque du Soleil, envisions a world beyond imagination set thousands of years before the events depicted in the film.

Where: Pinnacle Bank Arena When: Multiple shows

Cost: Ranges \$31-\$128

#### Wild Wednesday Wednesday, August 3

The Zoo is open late! The Zoo will feature special animal demonstrations on the Animal Encounter Stage!

Where: Lincoln Children's Zoo

(1222 S. 27th Street) When: 5:00 - 8:00 PM

Cost: TBA

#### Alabama - Southern Drawl Tour Thursday, August 4

ALABAMA is the band that changed everything. They brought country music to the mainstream and from side stage to the main stage. ALABAMA introduced rock style guitars, lights, pyrotechnics, and sounds to the country audience.

Where: Pinewood Bowl Theater (3201 S. Coddington Ave)

When: Doors open at 7:00 PM, show starts

at 8:00 PM

Cost: \$45.00 - \$255.00

#### **Haymarket in White Dinner & Dance** Friday, August 5

The Lincoln Haymarket Development Corporation presents the 2nd Annual "Haymarket in White Dinner & Dance" at Pinnacle Bank Arena. Guests will dress all in white, dine on gourmet picnic fare and dance the night away. Attendees can spend an extraordinary night at an unconventional picnic at an event that encourages the community to come together to celebrate Lincoln and the Haymarket.

Where: Pinnacle Bank Arena (400 Pinnacle Arena Drive)

When: Cocktail hour @ 6:00 PM, Dinner @ 7:00 PM

Cost: \$45.00 Napa Dinner, \$50.00 Champagne Dinner

#### **Old Cheney Road Farmers' Market**

#### **EVERY SUNDAY OF THE MONTH**

For people who love food! At Old Cheney Road Farmers' Market, you'll find the largest selection of locally produced fruit and vegetables, farmstead cheeses, breads, plants, farm fresh eggs, pastured meats, homemade baked goods, jams and jellies, and so much more. We strive to meet the needs of consumers seeking organic, local, and sustainably produced food.

Where: Old Cheney Center (5500 Old

Cheney Road)

When: 10:00 AM - 2:00 PM

Cost: Free

#### **Party in the Parks: Get Fit in the Parks** Saturday, August 13

Get your bikes out for Party on the Plaza for National Kids to Parks day! This is a family friendly event with free activities for all ages! Food and drink are available for purchase from local food trucks.

Where: 13th and P Street When: 4:00 PM - 7:00 PM

Cost: Free

#### **Capital City Ribfest** Thursday, August 18 - Saturday, August 20

Nebraska Pork Producers Capital City Ribfest is Lincoln's favorite, and longest running summer festival featuring awardwinning barbecue from around the country and some of the best local and regional live music on the Ribfest Sound Stage.

Where: Pinnacle Bank Arena Festival Lot (400 Pinnacle Arena Drive)

When: 11:00 AM - 5:00 PM DAILY Cost: Adults - \$5.00, Children - Free

#### 2016 Mud Run Saturday, August 20

The Nebraska Sports Council Mud Run is Nebraska's ORIGINAL mud run! The spectator friendly 3-mile course features music, obstacles, creek crossings, multiple mud pits and giant slip-n-slide. The race also includes a tethered 3-person team division and a one-mile Mini Mud Run. There will also be an After-Party that will include food, drinks, music and an awards presentation.

Where: Lancaster Event Center (4100 N. 84th Street)

When: 8:00 AM Check In, 9:00 AM Race

Start

Cost: \$40 per participant

#### **Prairie Jazz Festival**

#### Saturday, August 27

Enjoy an evening listening to jazz music at Pioneers Park Nature Center. The Prairie Jazz Festival is a Friends of Pioneers Park Nature Center fundraising event. Help to support the development, programming, and operation of the Nature Center by attending this event. 2016 performers include: Sarah Cosano and Cambia, Jackie Allen Quintet and Gulizia Brothers and Friends.

Where: Pioneers Park Nature Center (3201 S. Coddington Avenue)

When: 3:30 PM - 7:30 PM

Cost: \$40 General Admission, \$100 VIP

Ticket

#### SEPTEMBER

#### **Historic Haymarket Farmers' Market**

#### **EVERY SATURDAY OF THE MONTH**

From muffins and crab rangoons to dried flowers and soaps, the Historic Haymarket Farmers' Market has it all. With just about 200 vendors, this is the best place to be for just about anything you could need! The Farmers' Market runs every Saturday for the entire month of September!

Where: Historic Haymarket (8th & P St)

When: 8:00 AM - 12:00 PM

Cost: Free

#### **Art in the Garden** Saturday, September 10

For the fourth consecutive year, Lincoln's Sunken Gardens will provide the backdrop for a unique art showcase. Artists from the Noves Art Gallery will display their work among the plantings at the Sunken Gardens.

Where: Sunken Gardens (27th & D St)

When: 11:00 AM - 7:00 PM

Cost: Free

#### **Annual Havelock All Makes Car** & Truck Show

#### Sunday, September 11

Each year, people wait in anticipation for one of the widest variety auto & truck shows in Lincoln. The second Sunday in September ushers in The Capitol City Ford & Mustang Club all makes Auto & Truck Show. These shows are all about the cars & trucks!

Where: Historic Havelock (62nd Street & Havelock) When: 11:00 AM - 5:00 PM

Cost: Free

#### **Mud Club**

#### Saturday, September 17

Toddlers and children ages 2+ will work with clay to learn, explore and get messy at the LUX! In this 45-minute club, students can quickly immerse themselves in hands-on art making without committing to a full class.

Where: LUX Center for the Arts (2601 N

48th Street)

When: 9:00 AM - 9:45 AM Cost: \$5 per person

#### **Sunday with a Scientist: Nebraska Archeology** Sunday, September 18

"Sunday with a Scientist" is a series of presentations that highlight the work of scientists, while educating kids and families on a variety of topics related to science and natural history. Presenters will share scientific information in a fun informal way through demonstrations, activities or by conducting science on site.

Where: Morrill Hall (14th and Vine Street)

When: 1:30 PM - 4:30 PM

Cost: Adults - \$6.00, Children - \$3.00

#### **Steve Martin & Martin Short** Saturday, September 25

The show, "An Evening You Will Forget for the Rest of Your Life," includes stand-up, film clips, musical numbers, and conversations about their lives in show business. Martin and Short will also be joined by the Grammy-winning Steep Canyon Rangers, the bluegrass band with which Martin frequently performs.

Where: Pinewood Bowl Theater (3201 S Coddington Avenue)

When: 7:00 PM Doors Open, 8:00 PM Show Starts

Cost: \$48.50 - \$198.00

#### **Sounds of China** Wednesday, September 28

Featuring an eight-member group of outstanding Chinese contemporary folk musicians, this performance melds traditional Chinese music with western compositions. Led by Composer/Artistic Director Jiuyue Ma (Beijing Olympics Gala, Xinjiang International Dance Festival), Sounds of China comes to Lincoln fresh off engagements in Vancouver, Denver and with members of the Chicago Symphony Orchestra.

Where: The Lied Center for Performing

Arts (12th and R St) When: 7:30 PM

Cost: TBA

### **EppConcrete**



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### Did you know?

Sticking doors and windows are a sign that your foundation may have shifted.

If you have a nagging feeling that your home's foundation might have moved, check out the **Top 7 Warning Signs** at **bit.ly/7warningsigns**.

At Epp Concrete we pride ourselves on making sure you have all the information you need to make the best decision when it comes to your home. That's why we highlight all things concrete on our blog.