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Tokyo Steak and Seafood Now Open in Bishop Heights



Recap of Walking Tour



CCNA considers Historic Registry! City Proposes to add 55+ blocks of the Neighborhood to National Historic Registry. More information on pages 2 & 6.

Read about the SouthPointe Star Student, Drew Farrar

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Submit articles or content for your neighborhood! Visit www.fppub.com for more information!

Feature Article

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City Proposes to Make

55+ Blocks Country Club Neighborhood Historic District By John Beecham

Ed Zimmer, of the Lincoln City Planning Department, presented a proposal at the last neighborhood association meeting to designate a large area of homes as a National Register Historic District. Zimmer emphasized the benefits of historic preservation, calling the neighborhood of over 600 homes a "Lincoln Landmark".

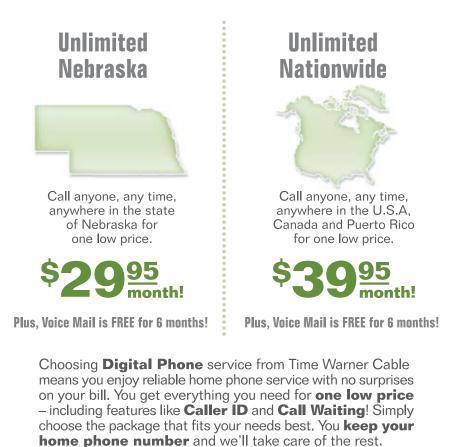
Zimmer explained that while there are already several sites in the neighborhood that are individually listed on the National Register; he regards a much larger district as "eligible" for the National Register of Historic Places. The proposed nomination would designate every property within the proposed boundary as "protected" in the National Register. Zimmer emphasized four advantages to National Register Historic District status:

- Should the city of Lincoln propose to widen South 27th Street, the project will have to undergo a Federal review process, which could make it easier for us to challenge such widening.
- 2. When the time comes to sell, we will be able to advertise our homes as appearing on the National Register of Historic Places, adding value to our homes and communicating the appeal of our neighborhood to potential buyers.
- 3. Finally, under this status neighborhood homeowners would be eligible for a special property tax assessment preference for Historic properties, known as the "Valuation Incentive Program." This program would "freeze" any increase in property tax valuations for eight years on homes undergoing "substantial" improvement projects, as a way to encourage rehabilitation of historic properties.
- National Register listing does not require any added review of private projects/improvements on private property.

A map of the proposed historic district can be found on page 6. Residents whose homes are included in the proposed district will receive a letter explaining the proposal. In addition, city officials will be present at a special neighborhood meeting to discuss the proposed historic district on Wednesday, August 27th at 7:00 PM at St Matthews Church. This neighborhood publication is FREE - brought to you by neighborhood businesses.



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2008 CCNA Fall Meeting Schedule

August 27th, Wednesday 7:00PM St Matthew's Church, 24th and Sewelll Special Meeting on Historic District Designation

September 16th, Tuesday CCNA Neighborhood Meeting St. Matthew's Church, 24th & Sewell 7:00PM - Everyone's Invited

October 21st, Tuesday CCNA Neighborhood Meeting St. Matthew's Church, 24th & Sewell 7:00PM - Everyone's Invited

November 18th, Tuesday

CCNA Neighborhood Meeting St. Matthew's Church, 24th & Sewell 7:00PM - Everyone's Invited

The CCNA meets the third Tuesday in the months of February, March, April, July, September, October and November at 7:00PM. Meetings are held at St. Matthew's Church located at 24th & Sewell Streets. All are invited and encouraged to attend.

A Message from FocalPoint Publishing

Thank you for reading this issue of the Country Club Neighborhood Association Newsletter! We, at FocalPoint, are pleased to help provide this publication for your neighborhood. This newsletter is FREE to homeowners thanks to the support of local businesses -- please show your support by visiting their establishment or utilizing their services. For more information about this or other publications, please call 420-7880 or visit www.fppub.com.

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COUNTRY CLUB PLAZA







Office: 402-434-3500 Fax: 402-434-3510

HGTV Looking for Homes to Feature on the TV Show, "My House is Worth What?"

HGTV is looking for energetic homeowners to appear on their show; specifically they are loooking for homeowners who have lied in their home for a while and have done major renovations to the property. The purpose of the show is to proved the homeowner with an evaluation by a local realtor and provide them with a potential market price. For more information, visit the CCNA website at <u>www.CCNA.com</u>.

Letter from the President



The CCNA met in February, March, and May 2008 to adopt a mission statement and four primary objectives. Our focus: protect, preserve, enhance and encourage.

Bob Beecham CCNA President 2008-2009

Now we have priorities for the next 2 years.

With a "can do" attitude, here are our projects:

South 27th Street

One of the primary reasons for the existence of the CCNA is to preserve the historic character of our neighborhood. The protection and enhancement of South 27th Street between South Street and Highway 2 is clearly the most important activity of our organization. Not only does the CCNA want to protect the current nature of this street but we also want to enhance the street by burying the overhead wires and by upgrading the curbs and sidewalks. The widening of South 27th is not anticipated in the current street plan. However because of strategic importance of this street for traffic flow, it could become an issue overnight. We will be a watchdog to protect the homeowners along the street,

the children who cross the street for school, the adults who walk in the area, and the families who live nearby.

Maintenance of Public Spaces

The CCNA has invested thousands of dollars over the past several years to improve and beautify the public medians. We help the city pay for mowing and fertilizing the medians (in addition to our property taxes). The CCNA has also secured grants to plant trees on the medians. The CCNA led the initiative to enhance Pocras Park, including the investment of \$4000 to bring electricity to the park. The CCNA will continue to support the maintenance and improvement of the public spaces in our neighborhood.

Improvement of Private Spaces:

While it is not appropriate to use CCNA funds to directly support the improvement of private property in our neighborhood, the CCNA believes we can encourage the improvement of private property in two important ways. First the CCNA can support programs like the Paint-athon, that provide funding to low income homeowner to improve their homes. Second, the CCNA can encourage private investment in the CCNA by recognizing our neighbors who improve our neighborhood by improving their homes. The CCNA is initiating a

"Neighbors Recognizing Neighbors" award program. This program would encourage neighbors to nominate other neighbors who have made improvement to their property. The CCNA will establish the basic criteria for the awards and recognize winners at the annual meeting each March. For more information, please see page 9.

We use your dues to enhance your The city seldom infuses community. money in older neighborhoods, so we try to help maintain and enhance. With the priorities listed above, the CCNA Board will strategically invest to preserve our beautiful neighborhood.

We strive to hang on to our library, swimming pool, bike path, elementary and junior high, our neighborhood shopping, businesses and restaurants, church and synagogue. It's our home and we are dedicated to taking care of it.

Be sure to attend the August 27th meeting to discuss proposal regarding the National Historic Registry. 55 blocks and 600+ homes affected by this proposal!

-- Bob Beecham

	Please check your areas of interest
Name	CCNA Board of Directors
Address	──
Phone E-mail	— History / Historic Preservation
Annual CCNA membership dues (good until January 2009) = \$ 15.	.oo 🛛 🖸 Social / Neighborhood Party
Additional Contribution (<i>Thank you very much!</i>) = \$ If dues and contributions total \$25 or more, the entire amount is tax-deductible	
\Box Enclosed is one business card for the online directory = \$ 0.	.00 Garage Sale
Number of additional cards enclosed@ $5.00 \text{ each} = $	
TOTAL Enclosed = \$	Other Interests / Talents
Please make check payable to Country Club Neighborhood Associati and return it with this form and your business card(s) to: CCNA Dues, P.O. Box 21953, Lincoln, NE 68542.	ion

Country Club Neighborhood Association 2008 DUES STATEMENT

hood Association ward(s) to: 8542.			-	
	 	 _	 	

2008-2010 CCNA Board

President Bob Beecham, 2925 O'Reilly

Vice President Paul Vaccaro, 3500 South 27th

Secretary Rifka Keilson, 2827 South 27th

Treasurer Bob McManus, 3030 Sheridan

Membership Carrie Knight, 2525 Lafayette

Past President Linda Wibbels, 2740 Royal Court

Board Members

Doug Ayars, 3024 Bonacum Lori Haudrich, 3215 South 31st Stephen Haudrich, 3215 South 31st Tiffany Heier, 3100 Van Dorn Dick Johnson, 3025 Bonacum Kay Maxwell, 3045 Puritan Bob McManus, 3030 Sheridan Bill Norris, 2832 Manse Avenue Joyce Norris, 2832 Manse Avenue Mary Lynn Schaffer, 2601 Lafayette Cynthia Woods, 2500 Woodscrest Susan Vaccaro, 3500 South 27th

Web Master

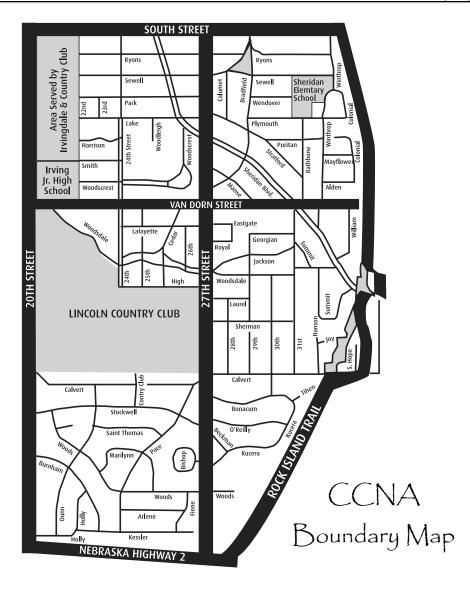
Stephen Haudrich, 3215 South 31st

Thank you for serving your neighborhood!

CCNA Chronicle

Publishing Schedule February May August November

The CCNA Chronicle is the official publication of the Country Club Neighborhood Association (CCNA). The CCNA Chronicle is published four times a year by the CCNA and every address in the CCNA boundaries is mailed a copy. Statements of fact and opinion made are the responsibility of the authors alone and do not imply an opinion on the part of the officers or members of CCNA. While this publication makes a reasonable effort to establish the integrity of its advertisers, it does not specifically endorse advertised products or services unless specifically stated as such. All correspondence regarding this publication should be directed to: Country Club Neighborhood Association, Attn: CHRONICLE Editor, PO Box 21953, Lincoln, NE 68542.



Advertise in your neighborhood newsletter, The CCNA Chronicle reaches over 2,400 households.

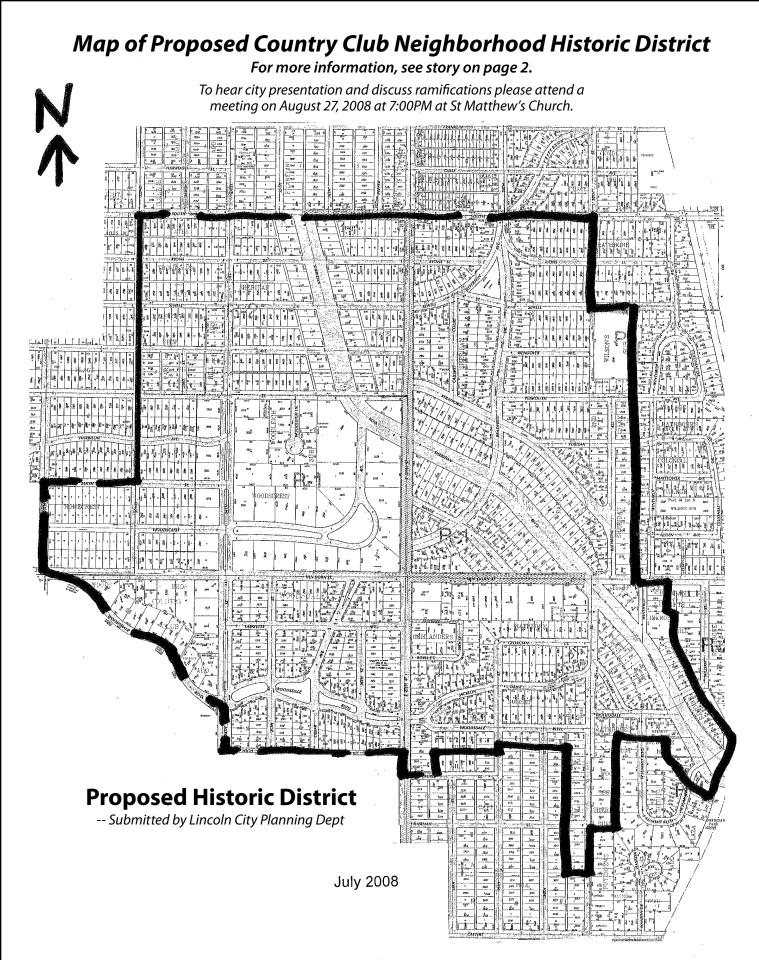
Business card ad: \$120 | Quarter page ad: \$170 Half page ad: \$245 | Full page: \$425 Color Advertising space also available. Please call for details. Sales Manager: Scott Stream, 420-7880

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plaints, suggestions)	. 441-6300
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Weed Problems	.441-7817
Zoning Violations	. 441-7521

Visit www.ccnalinc.org to find:

- CCNA Business Directory
- A CCNA boundary map
- Links to other community organizations
- Read past issues of the Chronicle
- See By-Laws
- CCNA Email: ccna@neb.rr.com



Good Neighbor Award

What is a good neighbor? We see examples every day. Walk down any street in the CCN and you will see residents improving the physical environment by building additions or by improving their landscape. You will also see neighbors checking on the elderly couple next door or helping a new neighbor move into their home. It is these kinds of acts, both big and small, that we want to recognize with CCNA GOOD NEIGHBOR AWARDS.

The purpose of the Good Neighbor Award is simple: to let others know what great neighbors you have and to encourage folks to continue to make the neighborhood a great place to live and work.

Some of the following would be considered grounds for nomination:

- Improving or maintaining landscaping
- Improvements to homes
- Improves the friendliness of our neighborhood
- Good deed doers
- Making the CCN a better place to live
- Contribute to the beauty of the CCN

The criteria:

- 1. The nominee must be a resident of the Country Club Neighborhood
- 2. The event or project must have begun or ended in 2008.

Nominees will be recognized in The Chronicle and formal recognition will occur at the CCNA annual meeting each March. Let's pass this spirit along and encourage good stewardship and acts of kindness!

Name of Good Neighbor Award Nominee:

Address of Nominee:

Nomination:

Reason for the Nomination (send attachments or photos if you wish):

Name, Address and Phone Number of Person Making the

Please clip this form and send to: Bob Beecham, 2925 O'Reilly Dr, Lincoln NE 68502, (402) 420-3007

You're never too old to save money!



CCNA News

Walking Historic Tour Well Attended

On Friday evening, June 6, 3008, neighbors met at 33rd and Sheridan for historic stroll along Sheridan Blvd. City planner and historian Ed Zimmer, using a portable microphone, described many houses along the 8-block route, with details of the year built, architect, style, price, and impact. The residents included many city founders and business persons. The large stately homes were built along the route of the trolley line, the bridge at 33rd was the end of the line.

After the tour, refreshments were served on the Woodscrest boulevard (25th and Sheridan) and neighbors lingered for conversation. It was one of the few dry nights in a month of stormy weather. Another free walk is planned to showcase more of the historic homes.



Ed Zimmer shares historic information with walking tour participants

Put on a New Face



If you decide to put on a new roof or your current roof is in good shape, it's also time to look at the "face" of your house. Nothing looks better than a fresh coat of paint! It makes a house look alive and stand out from the street. You'll also make your neighbors proud to have you on their block. A good paint job not only makes your home attractive, but also protects it from weather and the elements.

- White isn't the only color. There are so many choices today.Look in magazines, brochures at the paint store, the internet.There are many homes in the neighborhood that have successfully used color on their exteriors.
- Since the vast majority of our homes were built prior to 1977, there is a chance of lead paint on the exterior. This does not pose a potential problem if the paint is sealed and not peeling or flaking. Another good reason to keep the paint in good condition.

Scrape! Sand! Caulk! Prime! Paint!

The Prep Work is 80% of the total success of the project. A bad prep job will cut the life of the paint in half.

• Putting new paint over old paint – nothing looks worse than the "alligator effect" of paint. Yes, you scrape off the old, but unless you can sand it down smoothly, you may need to remove the old paint with chemicals or a heat gun. Remember, there may be lead paint present. Follow painting procedures for this scenario – wear a mask and collect the paint chips that may fall to the ground.

- Primer and Paint everyone has their favorite brand. Check with Consumers Guide, paint stores and your favorite painte
- Can you do it yourself? We all think we can paint, but it's also a good idea to visit with a professional. They have the tools, the tall ladders and the know-how.
- As with roofers, get bids, check references.

Can't Decide What Colors to Pick?

Most of us think of hiring an Interior Designer or Decorator only for the interior of our homes. Guess what, you can hire a professional for the exterior also. For a reasonable consulting fee (much, much cheaper than if you made a drastic error in color choice), a designer will help you select the type of shingle or the colors for your house. Many people have done this and were very pleased. The designer can even help to select front door color, porch lights, address numbers ... it isn't just the inside that counts.



Local Businesses



3520 S. 31st Street Lincoln, NE 68502

402-420-6268 jcole1@unl.edu

Recap of Fourth of July Parade

Nourth of July parades in our neighborhood have been a tradi- Γ tion for many years. The Woodsdale parade dates back at least

40 years, and the 31 Street parade is at least 20 years old. Over the years, these events have grown and evolved to now former parade participants (now parents and grandparents) are helping their children and grandchildren decorate their bikes and costume their pets. Treats following the parade are always a big hit.

A relatively new tradition developing

is the participation of the firefighters from 17th & VanDorn Fire Station leading the parade and hooking up the fire hose for a giant "running through the water fall." It looks like great fun and many of new parents say they wish that had been a part of the festivities when they were growing up.

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Get to know the CCNA Board Members



Robert McManus CCNA Treasurer

How long you have lived in the neighborhood?

I moved to Lincoln in November 2006 after living in Alaska for 12 years

Why you chose to live in the neighborhood?

My parents moved to Lincoln 40 years go and I always would tell my mother that I would retire here and live in this lovely, old neighborhood.

What do you like about the neighborhood?

I love the charm of the old houses, especially because every house seems unique and well-cared for. I really enjoy walking through the neighborhood in the evenings.

What is your career, profession, etc?

I am a newly retired tax attorney. I was the Vice President of Tax for ConocoPhillips in Alaska. I have a BA and MBA from Notre Dame and a law degree from Texas. I worked in oil ad gas exploration for 30 years. I am single and have three daughters and two grand babies.

Any community/volunteer organizations?

This is my first one in Lincoln. In Anchorage I served on the Boards of Performing Arts Center, the Providence Hospital and the University of Alaska Foundation.

Why do you want to serve on the CCNA Board?

I joined the CCNA Board as a way of



Cynthia Woods CCNA Board Member

How long you have lived in the neighborhood?

I have lived in the neighborhood since October 2002. Six years this October!

Why you chose to live in the neighborhood? What do you like about the neighborhood?

My husband grew up in the neighborhood as a boy. He has so many fond memories of growing up in the CCN and going to Sheridan Elem., Irving Jr. High and then to Southeast HS. We really wanted that for our children. We love the mature trees throughout the neighborhood and really love the friendly feeling of the CCN.

What is your career, profession, etc?

Stay home mom (AKA - mommy taxi service)

Any community/volunteer organizations?

I volunteer on the Star City Figure Skating Club Board and very involved at both my kids schools. (and of course all my hard work on Pocras Park!!)

Why do you want to serve on the CCNA Board?

I want to lend my time to help preserve and make a more beautiful Country Club Neighborhood.

meeting new neighbors and in an attempt to do my part to make sure that this beautiful jewel of a neighborhood is preserved.



Kay Maxwell CCNA Board Member

How long you have lived in the neighborhood?

Billy and I have lived in the 'hood since July of 1996, 12 years.

Why you chose to live in the neighborhood?

We chose CCN because we liked the charm, the old trees and convenience of location. The homes have character and history.

What do you like about the neighborhood?

We love our neighbors and the feeling of community. The beautiful homes and everyone's interest in maintaining their property and the character of the neighborhood.

What is your career, profession, etc?

Interior Designer and co-owner of Paul Daniels Interiors. Graduate of the University of Oklahoma.

Any community/volunteer organizations?

American Society of Interior Designers, Lincoln Home Builders Association, Chamber of Commerce, First Plymouth Congregational Church.

Why do you want to serve on the CCNA Board?

I wanted to be on the board so I could learn how the neighborhood works. I want to contribute to its future.

ARE YOU "IN THE KNOW?"

By Christine Vanderford, Esq.

Single parents, by default, are the "head of household" for purposes of managing the children and the family's business and financial interests. Single parent households are at an all time high and are quickly replacing the concept of the "traditional family."

Why is this important? Because, single parents have to "do it all - child rearing, attending school events, working at least one full time job, juggling finances, paying bills, shipping, etc - it is all the more important to make sure the bases are covered.

As a single parent:

- Do you have an estate plan and do you know where the documents are?
 - Powers of Attorney for Assets/Health Care
 - Living Wills

510

- Last Will and Testaments/Trust for Asset Distribution
- Guardianship for Children
- Are your planning documents organized for settlement purposes in the event of death or incapacitation?
- Have you communicated to your family about your plan?
- Do you know where your financial accounts, life insurance policies and annuities, real estate documents, and business documents are?

• Do you participate in discussions with tax preparer/accountant during tax filing so that you know your financial situation each year?

If you cannot answer "yes" to some or all of these important questions, you need to get "in the know." It is one of the most important things you can do for yourself and your family.

Information presented is provided for general information only. This article is not intended as legal advice. Attorney Christine Vanderford enjoys working to make sure you have an estate plan that makes you feel comfortable, offering a free estate planning consultation for those who MENTION THIS ARTICLE.



Suite 200 8540 Executive Woods Drive Lincoln, NE 68512 www.vanderfordlaw.com 402.421.4646

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hool Rentai

SouthPointe

UPCOMING EVENTS

Friday Nights Live Concerts

Every Friday, 6:30 - 8:30PM

September 27, 10AM - 6PM

September 28, 10AM - 5PM

7th Annual Lincoln Arts Festival

Presented by LifePointe

Through August 29

by BryanLGH

New Store, Big Events at SOUTHPOINTE PAVILIONS by Julie Lattimer, Marketing Director

New at SouthPointe: Pixi Chix



We're celebrating the opening of Pixi Chix, located between Von Maur and Yankee Candle on the south side of the center. Created

by Shawn Hamilton, Pixi Chix has developed a strong following at its Westfield Gateway location so we're thrilled to welcome the store to SouthPointe. Pixi Chix features a fabulous variety of clothing and accessories for girls, women and guys, plus lines that can be personally customized for groups such as schools, sororities, bridal parties and events. Check out pixichix.com or call 421-2114 for the store's new phone number.

Friday Nights Live Concerts, 6:30-8:30PM Stores Open Until 9:30 Fridays through August 29

SouthPointe is the place to be every Friday night through August with fabulous music by Blues Messenger on the 22^{nd} and an a cappella finale

with No Better Cause on the 29th. Stores are open until 9:30 on Fridays so post-shopping is a must! At the finale performance we'll also 'reveal' our Extreme Makeover contestants who started out mid-June working on a whole new healthy lifestyle thanks to LifePointe by BryanLGH which also makes the series possible!

Eighth Annual Lincoln Arts Festival

Breaking News: More than 50 new artists will be at this year's Lincoln Arts Festival! Thanks to a program called "Zapplications," festival organizers were able to reach out to an exciting array of new artists from throughout the region who produce creations in a variety of mediums and price ranges (everything from original note cards to jewelry, photography, painting and sculpture). Presented by the Lincoln Arts Council, the event also boasts a great schedule of live music and food. For details, go to www.artscene.org or call 434-2787.





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Drew Farrar

Drew, son of Doug and Shawn Farrar, 2906 Summit Boulevard, is a seventh grader at Irving Middle School. Not only does he excel in the classroom, but he also excels in the neighborhood. Drew

has been involved in many neighborhood projects. He was involved in the Sheridan School landscaping project and continues to help with its maintenance. Last summer Drew helped with Panic on the Patio and did errands for the Pocras Park celebration. Drew knows the importance of being involved in his neighborhood!

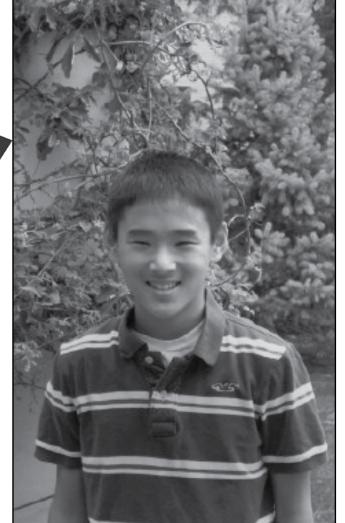
OUTHPOINTE

STAR STUDENT

SouthPointe Pavilions will be recognizing a CCNA student in every issue of The Chronicle in 2008. We are asking teachers, administrators and neighbors to nominate a student in our neighborhood – elementary, middle school or high school – who has not only been a good student, but a good neighbor as well.

South Pointe Pavilions is generously offering a \$50 certificate to the featured SouthPointe Star Student and will also donate \$50 to the charity of his or her choice. Send in your nominations to FocalPoint Publishing via email (info@fppub.com) or by filling out the form below and mailing it to the address noted at the bottom of the page.

Congratulations, Drew, our August SouthPointe Star Student!



Nominate the next SouthPointe Star Student of the Month!

Fill out the information below and send a photograph, or email a photo to info@fppub.com. This nomination is open for any student, ages K-College, and either lives in the Country Club or is directly related to a family that lives in the Country Club. Nominations due by Oct 10th.

Parents of Nominated Student:		
Phone Number:	Email:	
Name of Person submitting the nomir	nation:	
Student's Outstanding Accomplishments:		
	rience:	
Please fill out this form and mail it to: Foo	calPoint Publishing, 6003 Old Cheney Rd, Ste 250, Lincoln, NE 68516	

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Linda Wibbels, GRI

Woods Bros. Realty Country Club Plaza Office: 434-3500 Cellular: 730-0203 Email: Linda.Wibbels@WoodsBros.com



Living and working in the Country Club Community since 1978, Linda works hard to keep her community growing and flourishing with her real estate sales and finds. Please contact her with your real estate needs.



School Days, School Days, Good old golden rule days...

The Country Club Neighborhood Association contains Sheridan Elementary School and Irving Middle School inside our boundaries, but we also have CCNA students who attend schools in their district, but outside our boundaries: Elementaries – Beattie, Prescott, Cathedral of the Risen Christ (K-8) and Rousseau; Pound Middle School; Southeast High School and Lincoln High School.

School starts on August 20, 2008. When driving, be careful of student traffic. School hours can be as early as 7AM and as late as 4PM. Our schools and our students contribute to the pride and the health of our neighborhood. CCNA supports our students as they may be our future neighbors. If you have an article you would like to contribute to the *CCNA Chronicle*, please mail or email to CCNA.

Carpet Cleaning



Chem Dry 6000 Hitching Post Lane Lincoln, NE 68523 (402) 420-9025

Pet Lovers Wanted

Get Some Exercise ... and Money Too!

A Pause for Paws is looking to hire some pet loving people to help take care of pets in South Lincoln.

Pet Sitters

- At least 21 years old
- Reliable transportation
- Clean background
- Mornings & Evenings



To download an application form, visit: apauseforpaws.com/Application.pdf Orsend an email to: apauseforpaws@neb.rr.com

Brought to you by



Lincoln Public Schools 2008-2009 Calendar

School

NEWS

Aug 20	First day of class for students	
Aug 20-22	All schools dismiss one hour early	
Sept 1	Schools not in session	
Oct 13	Elementary schools not in session	
Oct 27-31	Schools not in session	
Nov 26	Elementary schools not in session	
Nov 27-28	Schools Not in session	
Dec 22	First day of LPS Winter Break	
Jan 5 Jan 19-20	Classes Resume Schools not in session	
Feb 16	Elementary schools not in session	
Mar 23-27	Schools not in session	
Apr 10 Apr 13	Schools not in session Elementary schools not in session	
May 25	Schools not in session	
Jun 4	Schools not in session	
For more dates and school related information, visit www.lps.org		

BUILD STUDY SKILLS FOR SCHOOL SUCCESS Good study habits and time management skills are crucial

For many students, back-to-school means new friends, extra-curricular activities or sports, and what may seem like an overwhelming amount of homework after months of summer vacation. Homework does not have to be a nightly battle if students can make the best use of their time.

Good study habits and time-management skills are two of the most important abilities a student can have for school success. According to Dan and Debby Bartz, operator of Huntington Learning Center of Lincoln, one of the biggest problems that students have is learning to study efficiently. "By using an organized, active approach, students can make the most effective use of their study time," Bartz said.

Bartz suggests the following study tips for busy students:

- First, establish a quiet, comfortable, neat study area in your home. Eliminate distractions - one hour of concentrated studying can be the same as three hours of studying amidst noise or interruptions. Schedule a regular study time each night and stick to it - it's important to make studying a priority above other activities.
- Being organized is also vital in order to work efficiently. Make sure you're prepared to study with all the supplies and books that you may need. Write down assignments in a notebook to avoid forgetting due dates or putting off long-term projects until the last minute. Learn how to preview the material, read for details and take good notes. Finally, keep on top of reading - if you allocate one hour for studying and complete your homework in 45 minutes, use the extra 15 minutes to read ahead.

Article Courtesy of Dan Bartz, Huntington Learning Center



mcnebraska.com



Water Facts ...

By Jeff White, President of Hague Quality Water of NE

Do you want to reduce house cleaning time by 40%?

A study by Ohio State University determined that it takes an average of nearly four hours per household cleaning with hard water. When softened water was made available, cleaning time was cut by 40%, to 2 hours 21 minutes. Over the course of a year, this would save a homemaker more than ten 8-hour work days or 80 hours per year. That is like an extra two weeks of vacation from the tedious task of scrubbing hard water spots.

I hear it all the time and you might be thinking it now. The water in Lincoln is not that bad. I must be talking about areas where they have hard water. Did you know that the National Water Quality Association considers anything over 10.5 grains of mineral hardness extremely hard? Accord-

CORNHUS

ing to the 2007 City of Lincoln Annual Drinking Water Quality Report Lincoln's water hardness is 12 grains. That falls into the extremely hard water category. Even on water provided by the City of Lincoln you will experience reduced cleaning time by installing a water softener.

In addition to the time savings there are many other benefits to softened water.

- Makes hair soft, lustrous and easy to manage
- Gets clothes and linens cleaner, leaves them softer and prolongs their life
- Eliminates hard-to-remove curd from tubs, sinks and faucets
- Saves up to 75% of the cost of soaps, detergents and shampoos
- Reduces costly plumbing repairs caused by mineral buildup

- Reduces the energy needed to heat water, saving you up to 33% on your gas or electric bill
- Reduces scaling damage to other water-using appliances

How much money will you save by installing a water softener? Do you have the space for a water softener? How much installation is involved with a water softener? How much salt will I use? Will I like the feel of soft water? These are all questions you can find the answers to in our free water treatment consultation.

Give us a call at 466-6800 or go to www.haguewaterne.com to find out if a water softener is right for you! *This article is a paid advertisement by Hague Quality Water*

"We've had a Hague System in our home for four years now and we'll never go back to hard, chlorine smelling water again. Hague Quality Water makes our water look, smell and feel cleaner than it ever has. Plus it's a lot healthier for me and my family!"

> - Dave MInarik Executive Director NE Sports Council

IF YOUR WATER'S HARD, STAININ' OR A STINKIN', IT'S TIME TO CALL HAGUE QUALITY WATER OF OMAHA & LINCOLN!

Offering treatment for:

- Hardness Staining Iron Sulfur Odor
- Chlorine
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Call Today and try any Hague water treatment system FREE in your home with NO COST OR OBLIGATION (W.A.C.).



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Tokyo Steak and Seafood Restaurant

Now open in Bishop Heights!

Welcome to the Neighborhood!

After one year of remodeling the former Jax Shax, Richard Kim has opened TOKYO restaurant in the shopping center at Bishop Heights, 27th & Woods Blvd. The parking lot is again full of cars and we are fortunate to have a fine neighborhood dining option.

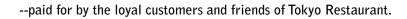
> TOKYO is open 7 evenings a week, from 4:00 PM to 1:00AM. Waitresses are attired in kimonos and the walls are covered in Japanese art, an elegant and soothing setting.

Mr. Kim previously operated SHOGUN restaurant at 56th & Highway 2; he has 28 years experience and loyal customers who have followed him to his current location. His brother, Charles, is the manager. The expanded location is totally remodeled with 12 sit-down Hibachi tables (grill at the table in groups of 8), a giant TV screen, a make-to-order Sushi bar and large koi fish pond. It's also a great place to have a drink after a busy day!

A carry-out menu offers 22 types of sushi and sashimi, 9 types of vegetarian rolls, 13 fish rolls, and 24 kinds of special sushi rolls. A sushi chef from Los Angeles arrived in April and will make sushi to order. The medium sushi platter is amazing and beautifully presented—it's a special occasion in dining.

Sushi prices run from \$4.00 to \$15.00. Entrees at the hibachi tables are from \$15.00 to \$30.00. The bar offers all types of Japanese beers, wines, and sake, along with a full line of beverages. There is even a children's menu.

Konnichiwa to our new neighbor!









Foodie Files By Chad Winters "Food is our Passion!"

BUY FRESH, BUY LOCAL

I have always thought that one of the best things about living in Lincoln is that we have four different seasons. Each new season brings along with it obvious changes in scenery, but there are also some more subtle differences like the feeling of the air outside or the type of sun we are getting. The Foodies at Leon's think that the foods we eat should change with the seasons too.

Seasons form the natural backdrop for eating. How delicious is that first juicy hamburger cooked on the grill or the first homegrown tomato off the vine during the summer months? When you eat food "in season" it means that you are adjusting your diet to obtain the freshest ingredients available for the time of year.

We feel so strongly about eating food in season that we joined an organization called **BUY FRESH, BUY LOCAL**. The organization is committed to helping people discover farm fresh, locally grown food. Being a member of BFBL enables us to develop direct contacts with the same producers that you see on the weekends at the farmers markets around town.

These contacts will allow Leon's to source fruits and vegetables that were grown here and probably in the ground or on the vine less than 48 hours earlier. We will be buying only foods that were naturally grown without the use of chemical fertilizers or pesticides.

The foods you eat should change with the seasons...it keeps things exciting and fresh at the dinner table. It can also keep you safe. In fact, with the recent food borne illnesses in the news there has never been a better time to Buy Fresh or Buy Local!

EVERYDAY WAYS TO PROTECT OUR ENVIRONMENT

Feeling overwhelmed or confused about what you should do to protect the environment? There are things you can do each and every day to lesson your impact.

How often does a typical family shop each month? If you kept reusable bags in your car for those grocery store and other stops, you would make a huge difference in the number of plastic bags that end up in landfills, all of which will still be around when your greatgrandchildren are alive.

Leon's now sells an attractive reusable grocery bag for \$0.99. Every time you use one for your groceries, Leon's will give you a .05 discount



off your bill for each bag used. In fact, you could fill the bag with old newpapers in between shopping trips and then drop them off right outside at the recycling center before you stop in to do your shopping.

HOMEMADE BRATWURTS

The BRATWURST that we sell in our famous meat department are "made from scratch" right here at Leon's? In fact, the recipes that we use have been developed over the past two years in a joint effort involving both our meat department staff and the chefs in our deli.

Our brats are made using only the highest quality and leanest pork available, shoulder and loin meat. The result is a brat with at least 20% less fat than leading bratwurst brands. When combined with the finest fresh ingredients the result is the highest quality specialty gourmet bratwurst around.

This Friday and Saturday Aug 8& 9 11-6, we will be cooking out in front of Leon's featuring all four flavor of our brats for you to try! Enjoy, and as always...**Bon Appetit!**



About the Author: Chad Winters is one of the owners of Leon's Food Mart and a self professed "foodie." He is the gourmet food buyer and travels across the country, the Internet and the world to find new and exciting foods for his customers. He has worked at Leon's for 21 years, starting as a sacker and holding just about every post ion before buying the store with his business parter, Roy Toy, who is also a meat expert and "foodie." Chad loves to cook and share his "foodie" passion with others.

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August 2008

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